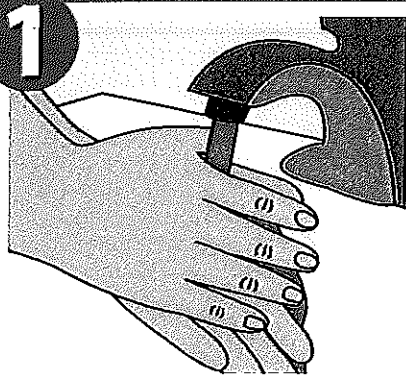


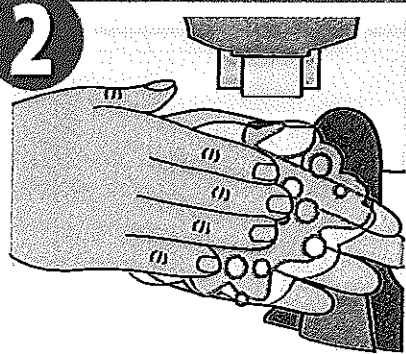
# STOP

## clean your hands

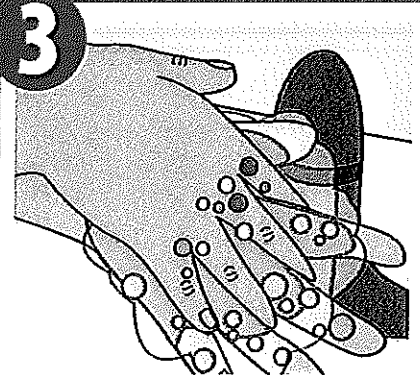
with soap and water for at least 20 seconds



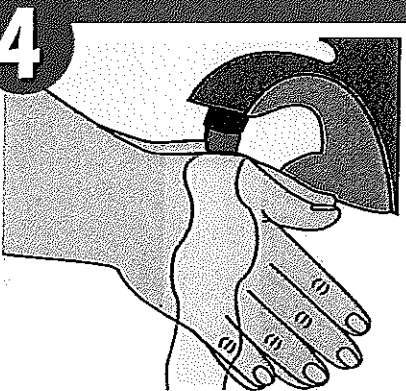
Wet hands and wrists



Use soap to scrub palms and backs of hands



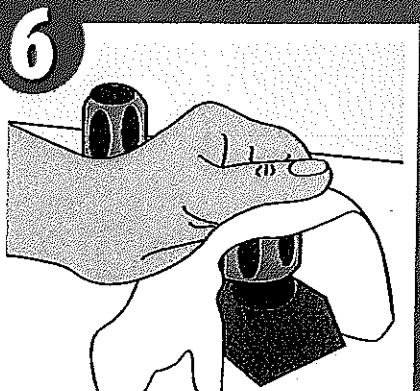
Scrub in between and around fingers and thumbs



Rinse well under running water



Wipe and dry hands with paper towel



Turn off water using paper towel